



***Would you like to support young children to lift their mood, build their resilience and know that they are safe and well-supported?  
Can you join our school team as a part-time volunteer and be a  
ROC mentor?***

Redeeming Our Communities (ROC) mentors are everyday people, who are trained by the ROC staff, to use their life experience and skills to be a 'friend with purpose'. Mentors come alongside children in our school, helping them to make positive life choices, improve their resilience as well as self-esteem and personal wellbeing.

If you are interested in this, please **email ROC directly on [info@roc.uk.com](mailto:info@roc.uk.com) to register your interest.**

Further information can also be found on <https://roc.uk.com/roc-mentors/>  
Online training sessions start at the end of January 2025.

***One or two hours per month of your time would make a  
massive difference to children.***